



# MEDICAL UNIVERSITY

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## INTERNATIONAL COOPERATION

### HOSTING INTERNATIONAL DIPLOMATIC DELEGATIONS

It has become a tradition for delegations and representatives of foreign embassies and consulates in Ukraine to visit Kharkiv National Medical University.

For the past half a year our University has hosted delegations from the following countries: the Republic of Uzbekistan, the Republic of South Africa, the Arab Republic of Egypt.



On November 10, the Ambassador Extraordinary and Plenipotentiary of Uzbekistan to Ukraine Mr. Alisher Abdualiyyev and the Head of the Consular Department of the Embassy of the Republic of Uzbekistan to Ukraine Mr. Aziz Nasirov visited KhNMU. In the framework of the visit the guests met with the Rector Prof. Vladimir Lesovoy. Welcoming the foreign delegation Prof. Vladimir Lesovoy noted that the number of students from Uzbekistan has increased significantly compared to the previous year. The above shows that education at our University is in great demand among the citizens of that country. The official guests



also met with the Uzbek students of our University. The meeting paid special attention to students' needs, their duties, discipline and internal regulations observance. The Ambassador noted the high quality of education at KhNMU, thanked for the conditions created at the University for international students and for appropriate security measures.

On November 23, the delegation of the Embassy of the Republic of South Africa to Ukraine headed by Mr. Christiaan Basson, the Ambassador Extraordinary and Plenipotentiary of South Africa to Ukraine, accompanied by the 1<sup>st</sup> Secretary of the Embassy Mr. Vish Badal, paid an official visit to the University.



In the framework of the visit the meeting with the Rector Prof. Vladimir Lesovoy, the Vice-Rector for Research and Education Prof. Volodymyr Markovskiy and with the Dean of the

6<sup>th</sup> Faculty for International Students Prof. Vadym Sinaiko took place. During the meeting, the parties discussed the issues concerning the expansion of international relations of our University, students and academic staff mobility, students' council activities, in which international students are actively involved.

The Rector mentioned that Kharkiv was always meant to be the students' capital and one of the most comfortable cities for foreigners studying there. He also told about the creation of Kharkiv University Consortium that became the first step in unification of the city's universities.

The Ambassador in his turn told about the educational system in South Africa focusing on the medical education and also noted useful and interesting discussion during the meeting with the administration of our University.

The official guests met with the University students from South Africa. The Ambassador dwelled on the questions of students everyday life, their duties, discipline and behaviour code. The students had their questions answered, among which were the nostrification of their University degree and postgraduate studies in South Africa, further employment assistance in their native country.



On November 30, the Consul of the Arab Republic of Egypt accompanied by the Director of the Ukrainian Centre of International Education Ms. Olena Shapovalova visited our University. The guests met with the administration of the University headed by the Rector Prof. Vladimir Lesovoy. During the meeting, a wide range of issues relating to the training of Egyptian students at the University, enrollment procedure, the prospects of bilateral cooperation were discussed. Ms. Consul expressed her confidence that close cooperation and joint efforts would increase the interest of Egyptians in getting education at our University. The parties agreed to enhance relations between the University and the Embassy in the above mentioned areas.



International Relations Office

## INTERNATIONAL COOPERATION

## WEEKS OF GERMANY IN UKRAINE

Since 2013, the project "Weeks of Germany in Ukraine" has become an annual event that takes place in autumn. It focuses on German-Ukrainian cooperation and partnership in different fields. For three years running Kharkiv National Medical University has been actively involved in organizing the Weeks of Germany in Kharkiv.

This year's topic was "City and Urban Space". A great number of events were included. German guests and partners from different fields of medicine took part in conferences, symposia, workshops and lectures organized by KhNMU in the framework of the "Weeks of Germany in Ukraine 2016".

The symposium "Pain Control", the first joint project of KhNMU, the University Clinic, the Pain Centre of the University Clinic and the Ukrainian Association of Pain Studies was held in Kharkiv on October 11. The symposium gathered doctors of different specialties and aimed to discuss problems of chronic pain treatment and to find new ways in solving the problem. German professionals attended that event too. The attention of the participants rested upon the reports of Dr. Michael Schenk and Dr. Wolfgang Bauermeister. The symposium was a great opportunity to share practical experience and to discuss topical problems in chronic pain treatment.

**Round Table in Partnership with German Colleagues**

The Round Table "The Place and Role of Medical University in the Municipal Healthcare System" took place at our University.

During the Round Table, stakeholders addressed the matters related to the interaction between healthcare management system and healthcare professionals, scientific and academic communities; to creating a platform for experience exchange with German colleagues



in the field of medical care and medical education. German partners of our University were invited to take part in the discussion. Dr. Michael Schenk, the Head of the Anaesthesiology Department of the Havelhöhe Hospital (Berlin), Dr. Wolfgang Bauermeister, the Director of the Pain Institute (Munich), Dr. Heribert Ortlieb, the Chief Thoracic Surgeon of the Lungs Centre Mittelbaden Clinic (Baden-Baden) presented their views and shared their experience focusing on the main topic. A lecturer of the German Academic Exchange Service in Kharkiv Özlem Gündogdu joined the event too.

The Round Table finished with an official awards ceremony: Dr. Wolfgang Bauermeister and Dr. Heribert Ortlieb were presented with certificates for developing cooperation with our University, and Dr. Michael Schenk was awarded the title of Honorary Professor of Kharkiv National Medical University.

**The First Public Medical Talk-Show at Kharkiv National Medical University**

For the first time ever a public medical talk-show "Reforms in Medicine with Love" took place at Kharkiv National Medical Univer-



sity on October 13. The team of speakers was represented by Dr. Ellis Huber, a reformer of medicine in Germany, Dr. Andriy Penkov, a Kharkiv pediatrician, Dr. Wolfgang Mössinger, Consul-General of Germany, and by leaders of Kharkiv expert group in supporting medical reforms Tetyana Gavrysh and Victoriya Milyutina.

Dr. Wolfgang Mössinger introduced the main speaker of the show Dr. Ellis Huber, a popularizer of medical reforms in Europe. Dr. Huber, knowing the advantages and disadvantages of health care system in Germany, had an opportunity to share his own unique experience with the participants of the event. In his presentation, Dr. Huber dwelled on a global issue of enhancement in health care system. The talk-show was aimed at a broad spectrum of physicians and patients and focused on the introduction to the principles of "Reforms in medicine with love" by Dr. Huber. During the show its participants discussed the rights of doctors and patients, as well as opportunities that would provide both parties with transformation in medicine.

Anzhela Stashchak, Head of the International Relations Office



## INTERNATIONAL COOPERATION IN ACTION

International Relations Office keeps on hosting international specialists and delegations. Almost every month we get acquainted with new guests who become our partners. Here are some recent meetings with new and current partners and friends of our University.

### Doctor from Munich Visits Our University



On September 8-9, Dr. Wolfgang Bauermeister, the Director of the Pain Institute (Munich, Germany), a specialist in rehabilitation, pain medicine and sports medicine visited Kharkiv National Medical University.

Dr. Wolfgang Bauermeister met the Rector of the University Prof. Vladimir Lesovoy, who told the guest about the history of our University, its rich traditions, and presented him a book "Treasury of Kharkiv Medicine. Personalities". In his turn, Dr. Wolfgang Bauermeister said that he was very happy to meet the Ukrainian colleagues in such esteemed Uni-

versity where he felt homish and spent time productively. Dr. Bauermeister expressed his hopes for effective cooperation in the future.

The German doctor visited the University Clinic, where he met with the Director of the Clinic Prof. Vladimir Savenkov and the Deputy Director, the Director of the Pain Centre Prof. Vladimir Korostiy. Dr. Wolfgang Bauermeister visited the University Clinic's departments and the Ukrainian Centre for Rehabilitation of Athletes. During the events the participants shared their best practices and reached an accord on conducting joint trials.

At the International Relations Office Dr. Bauermeister met with the Head of the Office Mrs. Anzhela Stashchak and her colleagues where they discussed the possibilities of further cooperation.

As a result of Dr. Wolfgang Bauermeister's visit the decision of signing an Agreement on cooperation between the Pain Institute and Kharkiv National Medical University was taken.

### A Visit of Guests from Lithuania and Moldova



On October 6, the International Relations Office welcomed the delegations from Lithuania and Moldova represented by Gintaras Januzis, an Associate Professor of the Clinic for Maxillofacial Surgery in the Lithuanian University of Health Sciences (Lithuania) and Oleksandr Postolachi, an

Associate Professor of the Department of Orthopedic Dentistry "Ilarion Postolachi" at the State University of Medicine and Pharmacy "Nicolae Testemitanu" (Moldova). They were invited to the International Relations Office to establish partnership relations between our institutions.

Foreign guests were accompanied by Eduard Dolya, an Associate Professor of the Department of Therapeutic Dentistry of our University.

During the meeting, possible ways of collaboration were discussed. Oleksandr Postolachi brought the Agreement on Cooperation signed by Prof. Ion Ababii, the Rector of the State University of Medicine and Pharmacy "Nicolae Testemitanu". And Anzhela Stashchak, the Head of International Relations Office, in her turn, presented the Agreement signed by our Rector to Gintaras Januzis.



The participants of the meeting expressed their firm confidence in further intensive and fruitful cooperation.

### Britain Gets Closer

A representative of the International Office of Coventry University, the UK, visited our University on November 16.

The meeting was held at the International Relations Office. Mr. Claudiu Iordache came to us wishing to establish professional contacts in the sphere of research and education. Both offices had done an active correspondence before and the British side spoke a word about the tête-à-têtes meeting in Kharkiv.

Coventry University is one of the leading universities in the UK with more than 150-year history. Coventry University is nationally ranked 15<sup>th</sup> by "The Guardian University Guide 2016" and twice became "University of the Year" in the annual "Times Higher Education Awards".

The University offers more than 230 educational and preparatory programmes.

During the meeting, different issues regarding priority forms of cooperation in the field of education and research, namely the possibilities for students and academic staff mobility, carrying out of joint research projects and conditions for participating in the Erasmus+ programme were discussed.



### The 1<sup>st</sup> International Conference Was Held at the University Clinic

On November 24, the 1<sup>st</sup> International Conference "Sports. Traumatology and Rehabilitation" was held at the University Clinic of KhNMU. The date of the international conference was confined to the first anniversary of the Ukrainian Centre for Rehabilitation of Athletes (UCRA), which operates at the University Clinic. The Ukrainian Centre for Rehabilitation of Athletes was modelled after the European Centre for Rehabilitation of Athletes "Villa Stuart" (Rome, Italy) and other successful clinics of Europe.

The conference was opened by Prof. Vladimir Lesovoy, the Rector of Kharkiv National Medical University, and Assoc. Prof. Vladimir Savenkov, the Director of the University Clinic of KhNMU.

A world-renowned surgeon, an orthopaedist-traumatologist, the Head of the Italian Orthopedic Clinic "Villa Stuart" Dr. Pier Paolo Mariani and his colleagues surgeons Attilio Santucci, Alessandro Virgulti, doctor Olga Yezerska shared their knowledge and rich experience. Among the foreign speakers there was Dr. Wolfgang Bauermeister, the Director



of the Pain Institute (Munich), a specialist in rehabilitation, pain medicine and sports medicine. Dr. Bauermeister spoke on "Ultrasound-elastography guided extracorporeal shockwave therapy for prevention and treatment of myofascial injuries of athletes". The conference was also well represented by Ukrainian medical community: doctors and scientists from Kharkiv, Kyiv, Zaporizhzhia and other regions.

**Valentyna Fedorova**, Senior Specialist, International Relations Office

**ACADEMIC MOBILITY**

Partnerships with international institutions plays an important role in the University's life as for the development of academic exchange. Our students' engagement in the University life is very eventful. They take part in local and international conferences, try their forces in contests, and are involved in different projects. We would like to focus on some of the events.

**STUDENTS' EXCHANGE**

This year we accepted students from Marat Ospanov State Medical University, Kazakhstan. They came to undergo their clinical-based practical training. The guests from Kazakhstan found out a lot about our country, the city and surely about Kharkiv National Medical University. The students were very impressed and took along a lot of new impressions and knowledge to their homeland. In our turn, two students from



our University went to Kazakhstan. Their purpose was also to undergo clinical practical training. Our students had an opportunity to be present at microinvasive operations and follow up physical rehabilitation of

patients. The students felt very flattered by the warm relationship and attention on the part of the host University. After coming back to Kharkiv they shared their views about the similarities and differences between Kazakh and Ukrainian education and medical systems.

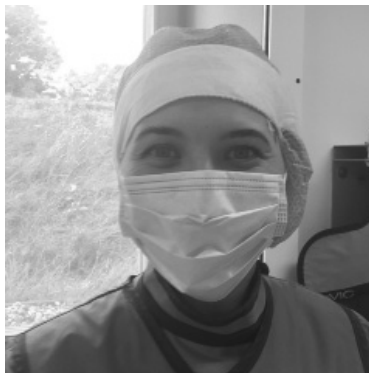


In July, the delegation of our University took part in the XI Ternopil Students' International Summer Schools. Students from Germany, Canada, Poland and Georgia were also involved in that event. It is worth noting that our team was the only one from Ukraine! The programme was very eventful. The lecturers were professors from Murray State University (Kentucky, USA).

**TRAINEESHIP AT HAVELHÖHE**

*In August, young scientists of Kharkiv National Medical University and the University Clinic's doctors underwent their traineeships at the departments of cardiology, gastroenterology, surgery, endoscopy and in the Pain Centre of the Havelhöhe Community Hospital, Berlin, Germany. In addition, thanks to the local training coordinators and heads of the departments' assistance our colleagues had a chance to visit the Charité University Hospital.*

The traineeships kicked start to professional development and the English language skills enhancement, fostered professional contacts.



The arrangement of the traineeships at the Havelhöhe Hospital by the International Relations Office became possible thanks to the active establishment of direct contacts by the TRMC "University Clinic" of Kharkiv National Medical University with their German partners and signing of a cooperation agreement between the University and the Havelhöhe Community Hospital.

Furthermore, active assistance in organizing the traineeships was provided by the Head of the Anaesthesiology Department of the Havelhöhe Hospital Dr. Michael Schenk.

Under the cooperation agreement with the mentioned hospital, traineeships will take place on a regular basis.

**REPRESENTATIVES OF KHARKIV NATIONAL MEDICAL UNIVERSITY TOOK PART IN THE 27<sup>th</sup> EUROPEAN STUDENTS' CONFERENCE (ESC)**

The conference was held at Charité – University Medicine Berlin on September 28 – October 1. "Facing Antimicrobial Resistance – Research Revolution Wanted" was the main topic of the conference. The programme also included a series of seminars on more general issues.

On September 30, the Institute of Gender in Medicine, Charité – University Medicine Berlin conducted a workshop "Gender Medicine: Knowledge – Communication – Innovation". Dr. Ute Seeland, the main organizer of the workshop and the author of the e-learning course on gender approach to key clinical disciplines, focused on the questions regarding the prospects of studying that course. The Director of the Institute Prof. Vera Regitz-Zagrosek invited Prof. Kateryna Karpenko to give a lecture. Some students from our University, namely Anastasiya Martynenko, Angela Abduieva and Mark Adamsky were also involved in the workshop.

Our students made presentations in the sections on the main issues of the conference, took part in discussions and round tables.

The participation of our University's delegation in that very important event was supported by the grant from the German Society of Gender Medicine (Deutschen Gesellschaft für geschlechtsspezifische Medizin e.V.).



## ACADEMIC MOBILITY

### A Trip to Berlin

On October 17–29, a group of the 5<sup>th</sup> year students (I, II and III Medical Faculties) visited Germany in the framework of the project “Study Visits by Groups of Foreign Students – DAAD” funded by the German Academic Exchange Service. The main goal of the trip was to get acquainted with the German health care system, the system of higher medical education, and with special aspects of workflow management in hospitals and doctors’ work.



The Health Care Administration of Steglitz-Zehlendorf (Berlin) was the first place to visit. There our students were cordially welcomed by Mr. Carsten Weihe, the Deputy Head of the Administration. He accompanied the students to the Centre for Family Planning and the Child Development Centre of Berlin. Mr. Weihe made a presentation on the functioning of the German health care system through the example of Steglitz-Zehlendorf. In their turn, the participants of the project told about Kharkiv National Medical University.



A visit to the Charite, a large teaching hospital affiliated with both Free and Humboldt Universities, was very eventful. Within 3 days, our students attended the International Relations Office, took

part in a solemn ceremony of matriculation, met with medical students from Charite, found out about learning process and social life, visited the Museum of the History of Medicine and the University’s campus.

A visit to our international partner clinic Havelhöhe was also very productive. There students had an opportunity to watch a presentation about the fundamental principles of anthroposophic medicine, an approach on which the clinic’s activities are based, and to work in different clinical units.

The trip also included a varied social programme: excursions round Berlin, Potsdam, Leipzig, and Dresden, visits to museums and the Philharmonic Hall, Berlin Zoo, Reichstag etc.

### A Trip to Marburg

On November 19–26, a group of students from our University (I and II Medical Faculties) headed by Mrs. Anzhela Stashchak, the Head of International Relations Office, visited Marburg, Germany, in the framework of the programme funded by the NGO “Friendship of Hearts”, Germany. The main goal of the trip was to get acquainted with the system of higher medical education of the city, special aspects of educational process and to know more about the German health care system.



While in Marburg, they visited Social Protection Department of the city and the International Relations Office of the University of Marburg where the presentation of the University was made. The participants



had an opportunity to visit the Medical Faculty of the University of Marburg and Sonnenblik Rehabilitation Clinic, a clinical base of the Medical Faculty. The format of the trip also included the meeting with the Lord Mayor of Marburg.

During the trip our delegates managed to discuss different important issues regarding international activities of our University and reached an accord on some important areas as for organizing students trips to Marburg on regular basis, traineeships for students and academic staff in Sonnenblik Rehabilitation Clinic. It was decided to jointly apply for the Erasmus+ programme with the Medical Faculty of the University of Marburg.

### Kharkiv-Astana: Expanding Professional Contacts

Medical specialists from Astana visited Kharkiv National Medical University on November 15-18. The delegation of doctors and nurse practitioners was headed by the Director General of the Kazakh Institute of Professional Development Mr. Nurlybek Uderbayev. The Kazakh specialists underwent the advanced training courses “Current issues of prevention and rehabilitation of the most common therapeutic and cancer diseases in the practice of a family doctor” and “Current issues of prevention and rehabilitation of the most common therapeutic and cancer diseases in the practice of a family nurse practitioner”. The training was organized by the Education and Research Institute for Postgraduate Training of KhNMU. During the visit, the Kazakh doctors and nurses had an opportunity to study positive experience of their Ukrainian colleagues, looked into different approaches to providing qualified medical care and established professional contacts.



While being in Kharkiv, the Director General of the Kazakh Institute of Professional Development Mr. Nurlybek Uderbayev met



with the Rector of our University. He thanked Prof. Vladimir Lesovoy for the opportunity to organize such training courses and told about the structure of post-graduate education in Kazakhstan. On November 18, at the end of the course, an official ceremony of awarding the certificates of the advanced training course completion was held. The Vice-Rector for Research and Education Prof. Volodymyr Markovskiy and the Director of the Education and Research Institute for Postgraduate Training Assoc. Prof. Valeriy Viun handed over the certificates to the medical specialists from Astana and expressed their wish for further development and strengthening of cooperation between our institutions. The Director General of the Kazakh Institute of Professional Development Mr. Nurlybek Uderbayev thanked for the hospitality and the experience the Kazakh colleagues acquired during the visit. He also stressed the importance of classical medical education at our University with its two hundred years old history.

**Anna Kurach**, Marketing Officer, International Relations Office

**INTERNATIONAL WOMEN'S DAY****WOMEN'S ACHIEVEMENTS THROUGHOUT HISTORY AND ACROSS NATIONS**

"I will not call you woman I will call you everything"  
Mahmoud Darwish, Palestinian poet

March 8 is the beginning of a new world for each woman, liberation of slavery and break of the restrictions. It is the beginning of intellectual revolution of women against society's persecution. Also it is treatment of society as a woman's responsibility is not only to keep the house.

A lot of women struggled and proved that they are smart by a lot of different achievements in history. There are many women who competed with men in several areas, showed progress to the world and earned respect.

*Lina Isa, group 30*

**To the woman...**

Who is loyal to family and friends,  
Who knows where she's going  
And will keep on until she gets there,  
Who gives the gifts of her thoughtfulness,  
Who shows her caring with a world of support,  
Her understanding with a smile,  
A woman who brings joy to other,  
Just by being herself.

*Deepakshi Bhaskar, group 20, I course, VI faculty*

Women's day has been celebrated on March 8 since 1914. The main goal of this day is to encourage and appreciate women. This day initiates more guarantees towards the women rights.

In our country, India, this day celebrated as a great occasion for women i.e. recognizing their achievements, appreciating the progress towards equality. This day is celebrated by conducting debates, ral-

lies, posters, bands etc. Women show the empowerment to the world.

The main aim to celebrate Women's Day in our country is to inspire women to think and contribute, to give a voice to women and girls, to inspire self confidence, self-awareness, to prove that women mean no less than men in this world. I guess that inspiration of women and girls is one of the main purposes of this day.

The ideas, targets, work and words of women do matter.

Behind every successful man there is definitely a woman.

*Ramachandran Mohana,  
group 20, I course*

Women in my country are very respected. When they speak everyone listens. Women in Kuwait are among the most emancipated women in the Middle East region. In 2014 Kuwait was rated first among Arab Countries in the Global Gender Gap Report.

Although, some people look at women as if they were weak in heart and were afraid of doing things in a forceful manner. This has not been true if we look at Hayat Al-Fahid who's a poet, Egal Al-Ahmad who's a politician, and Ma'asoma Al-Mabararak who is the Minister of Planning, as one can find women in my country ruling the country. And we defer to their authority. They are powerful and strong and may Allah Grant them jannah.

*Asmaa M. Selim Group 30, I course*

I mark this day to celebrate success of women.

International Women's Day is celebrated on March 8. It is a global day to honour the social economic cultural and political achievements of women. This day symbolizes a call to action for accelerating gender parity.

International Women's Day is celebrated in many countries around the world. It is a day when women are recognized for their achievements without division into national, ethnic, cultural, economic or political groups. International Women's Day first emerged from the activities of labour movements at the turn of the twentieth century in North America and across Europe.

The growing of international women's movement, which has been strengthened by four global United Nations women's conferences, has helped make the commemoration a rallying point to build support for women's rights and participation in the political and economic spheres.

This day is very important for women and they celebrated it in very good and enjoyable way.

*Kuishma, group 20, I course*

**SCIENTIFIC LIBRARY****CONDUCTING OF THE ANNUAL EVENT "LIBRARY LESSONS 2016"**

An annual event called "Library Lessons for English Medium Students" ("Library lessons for English-speaking students") was held on December 14 to improve the information culture of library users.

The aim of the event was to familiarize the first-year students of English mode of study with work of the Scientific Library, to talk about its resources, search capabilities of information of educational and scientific nature. Three presentations were prepared: "Getting to know the Library" - general information about scientific library, its structure and traditional resources was presented; "Electronic and On-line Information resources of the Scientific Library" - information about electronic and on-line resources of library, in particular repository and electronic catalog and access to scientific and academic literature; "Rules of Library Use for English medium students" - information about the main provisions of the instructions for use of the Scientific Library and conditions of effective using services provided by the library.

The event "Library lessons" was opened with an introductory speech of the Deputy Dean of the 6<sup>th</sup> faculty O.V. Vasylieva. The event was attended by monitors of 1<sup>st</sup> course of the 6<sup>th</sup> Medical and Dental faculties. More than 40 students attended the event in total.

The Scientific Library expresses gratitude to the staff of the 6<sup>th</sup> faculty, especially to Deputy Dean O.V. Vasylieva, for her help in organizing and conducting the event.

The Scientific Library also plans to hold annual Library English lessons for English-speaking first-year students and stresses that library staff is always open for dialogue and cooperation with students. The library is waiting for you and ready to give any advice during learning process.

*Oksana Krasnyukova,  
Head of the Department of Literature of Foreign Languages of the Scientific Library*





## OUR ALUMNI

### I WANTED TO BE...

*I still remember me and my friends being always wearing medical coats. From a senior student I heard: "Look, first-year students! I can recognize them from the fact that they never take off medical coats." Of course, we didn't want to take them off, it was our new identity.*



"I know nothing, no one, my level of Russian was zero. I felt like I am a stranger who doesn't belong to the world."

We worked hard to live happily after all. But the real happiness is present moments around you all the time, in the faces of beloved people, in the smile of the patient you have just treated, in the face of the frightened mother whose child you have just helped to.

When we were 5-year-old kids, our families asked us: "Who do you want to be when you grow up?" Our answers were: "Astronaut, President". In my case I wanted to be a Superman. When we were teenagers they asked us again. We answered: "Rock star, army officer, actor". Now, we all are proud to say: "WE ARE DOCTORS!"

**Mohamad Ftouni**

### FOR MY JUNIOR COLLEAGUES

*I would like to share some words based on my experience with my junior colleagues. Medicine is the same all over the world; it's just the opportunities that differ. Nevertheless, when an opportunity appears, it would be wise to utilize it maximally. Be brave and learn to take chances. The trick to survive medical school is to be well-balanced, be inquisitive for knowledge, as well as enjoy it. You have to find a balance between work and fun. Be a well-rounded person, and you will be amazed by the person you have become.*



To everyone who touched our lives, we say thank you. To our parents who stood by us no matter what. To teachers who tried to inspire us with passion for learning. To administrators who wanted to make our university experience as amazing as possible. To advisors who helped us decide what path to take. To friends who were there for parties, study sessions, and everything in between. As we leave this university and move on with the next chapter of our lives, we will carry with us not only the knowledge but also the life lessons we learned here. For that, we say a big thank you.

**Alexander Adoemi**

## GETTING ACQUAINTED WITH KHARKIV

### THE PECULIARITIES OF THE UKRAINIAN MENTALITY

*On November 9, 2016 the first-year students of the VI Medical Faculty visited the Art Museum of the City with the purpose of visualization of the philosophical issue "Art as a form of objectified spirituality" (topic: Existence. Matters. Consciousness).*

An excursion helped the students to understand better the peculiarities of the Ukrainian mentality, which certainly contributes to adaptation of foreign students. The students shared their impressions about the visit to the museum, not only with their friends, but also with their parents.



### VISITING OF KHARKIV ZOO



to the collection of the zoo. Olexander Brandt, Zoology Professor of Kharkiv University was the first director of it.

The visit to Kharkiv zoo was a wonderful experience for us. Our teacher Mrs. Nataliya Martynenko told us the history of its foundation. From the very beginning it was the exhibition of domestic animals and birds. Later, peasants from rural areas started to bring wild animals

In 1911 Southern-Russian Acclimatization Society decided to open a zoo similar to Moscow one. This society sponsored the building of winter lodgments and summer open-air cages, bought wild animals and birds. Some of them were brought from reserve Askania-Nova.

Before 1917 Zoo was on the balance of the Acclimatization Society and Kharkiv City Council. But it was not enough for normal functioning of the zoo, so members of the Society appealed to the readers of the newspaper "Yuzhnyi Krai" for the donation of 5 rubles from one person promising to declare the benefactor life member of the Acclimatization Society.

This excursion was really nice and interesting. We took a lot of photos. The collection of animals and birds is amazing.

**Yasser Al Tabbal,**  
student of 4<sup>th</sup> group of Dentistry

### MODERN INDIAN MOVIES IN KHARKIV!

"Shivaay" is a father, a socialist, an activist who left for Bulgaria with his 9-year-old daughter to meet his wife. But alas! He lost his daughter as she got kidnapped by anti-humanists and anti-socials of that country. His urge to rescue his daughter was so high that he faced a lot of troubles, hindrances on his way of action. Still he succeeded and saved not only his daughter but also many innocent little girls from being victimized.



It isn't a layman story but story of an Indian movie that was broadcasted at IMAX-cinema of Fransuskiy bulvar on October 29, 2016. It was the first Indian movie which had its premier release in

Ukraine and, of course, the credit is due to the director of Bobtrade Education group Mr. Hardeep Singh for making a new start for the students.

Around 300 students attended the premier show and their happiness knew no bounds. Soon the company is planning to make regular shows for students' entertainment at least once in a month. Mr. Singh believes that it can help to reduce stress and anxiety of students studying at different medical schools.

It was a wonderful gift to all of us in our main Indian holiday of Diwali. We are very grateful!



Monitor of 5<sup>th</sup> medical course **Pooja Praharaj**

**EXHIBITION****6<sup>th</sup> FACULTY'S DEBUT DURING NIGHT OF SCIENCE**

On September 24, 2016 the annual exhibition Night of Science in KhNMU opened its doors to the guests. This year the exhibition was noted by the debut of the foreign students of the 6<sup>th</sup> faculty. Under the guidance of the Dean and the Vice-Deans the students sprang into the action enthusiastically. When the day of the event came, the fourth floor of the main building flourished with the odour of Ayurvedic drugs from India, herbal medicinal products and other various components representing orthodox and traditional medicine of Ghana, Nigeria, Sudan, Libya and other countries under the slogan "Traditional Medicine of Peoples of the World".



The exhibition was opened by Vice-Rector for Research Valery Myasoedov at 16:00. In his speech, he highlighted the priority of the English-medium foreign students' participation in this year exhibition. Having visited all the sections of the all-university exhibi-

tion, Vice-Rector placed the emphases on the parade of the components of traditional medicine which belong to different cultures. Cultural diversity in remedy, bright and picturesque costumes have made it a cherry on top of the Night of Science.

Spicy and flavory scents of plant and mineral origin components attracted the attention of the visitors, who were kindly hosted and

served by the willing to please students. The abundance of various remedy for upper respiratory tract infections, acute respiratory viral infections, headache relief, pain-relieving and sedative agents were presented there. All these can be used separately or in combination with other medicine. One couldn't but try or taste an exotic drug. Everything new is actually well-forgotten old ("Il n'y a de nouveau que ce qui est oublié").



Though it was not only the natural drug components that appealed to people. There was a Herbal doctor from Ghana in his traditional and exotic costume, who was the attraction for every visitor and photographer. The 5<sup>th</sup> year medical student Anmalgusy Peus, the head of the Ghanaian community, made a day of it. He was surrounded by infusions and tinctures, specifically for genitourinary tract diseases. There was no one who could avoid it.

The varied concert performance presented by 16 items of the programme, bright and appealing Indian dancers were among them. Everybody was welcomed to plunge into the world of medical science and art!

Vice-Deans of VI faculty for international students  
**Anton O. Oliynyk, Olena V. Krainenko**

**INTERNATIONAL FESTIVAL****SOUNDS AND COLOURS OF THE WORLD**

On the occasion of Students' Day an International Youth Festival was held on November 4 in the assembly hall of Kharkiv National Medical University.

The Festival-project "Sounds and colours of the world" was commemorated to its 20<sup>th</sup> anniversary. Twenty years ago, it hosted artistic youth from Europe, Asia and Africa for cultural enrichment. The motto of the Festival is "Peace, Youth, Creativeness!" which proves that our University is a big and friendly international family.

Alyona Blagoveshenskaya, the head of Kharkiv regional healthcare workers trade union organization, congratulated the students' audience to the forthcoming Students' Day. She noted that students are massive and motivating potency, which is coming to replace the older generation to take up social and economic development of the country, and to promote spiritual growth of individuals. Among the honoured guest of the Festival was male chapel choir "Surma", representing Ivano-Frankivsk National Medical University (directed by Yaroslav Savtchuk, chorus artistic director, Honored Artist of Ukraine).

The artistic performance of the participants corroborated the truth that there are no borders to art. Exciting melodies, fancy and arresting dances of India, Palestine, Azerbaijan, Nigeria, theatricalized musical compositions by the international variety theater "Dialogue" under the direction of Irina Umanets, could not but spark the interest of the audience. The atmosphere of the Festival was friendly and cordial; everybody enjoyed the colourful dances and melodies of different peoples and cultures of the world.

**Vadym Sinaiko,**

Dean of 6<sup>th</sup> Faculty for International Students of Kharkiv National Medical University

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